This Week at Wayside

Week Beginning Monday 13th February 2017

	MONDAY 13th	TUESDAY 14th	WEDNESDAY 15th	THURSDAY 16th	FRIDAY 17th	SATURDAY 18th	SUNDAY 19th
MORNING	 **BREAKFAST** *D2DL participants only* 9:30AM-10:30AM **LEGAL SERVICES** 10AM - 12PM **HEALTHY WEIGHT WEEK 13TH- 19TH FEB**	 **SURFING LESSON & BBQ LUNCH** 10:30AM -3:30PM	 **BREAKFAST** *D2DL participants only* 9:30AM -10:30AM **GP CLINIC** 10AM - 12PM **WISH HUB** 9:30AM-11:30AM	 **COMPUTERS** 10AM – 1PM **HEALTH CLINIC** 10:30AM - 12:30PM	 **COOKING:** **Healthy Weight Week Recipe** 10:30AM – 1PM	**COMMUNITY SERVICES CENTRE** 9AM – 5PM **CAFÉ** 9AM – 4:30PM **ORANGE SKY LAUNDRY** 9AM -12:30PM **SUDOKU & PUZZLE CLUB** FROM 9:30AM **OP SHOP** 10AM – 2P	**COMMUNITY SERVICES CENTRE** 10AM – 5PM **CHURCH SERVICE** 11AM – 12PM **CAFÉ** 12PM – 4:30PM
LUNCH		 **COMMUNITY LUNCH** 1PM		 **COMMUNITY LUNCH** 1:30PM			
AFTERNOON	**MENTAL HEALTH CLINIC** 1:30PM – 3:30PM **GYM & SOCCER** 2PM - 4PM		**STAPLES BAGS** 12:30PM – 1:30PM **BOARD GAMES** 1PM –2:30PM	 **SEWING** 1:30PM – 3:30PM **GARDENING** 3PM – 4PM	 **ART** 2PM – 4PM		

The Wayside Chapel, 29 Hughes St, Kings Cross, ph 95819100 or 0450 020 102

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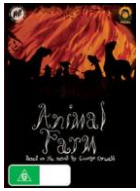
TWILIGHT	 **BINGO** 5PM – 6PM **JOB CLUB** 4:30PM-7:30PM  **MOVIE NIGHT:** **Animal Farm George Orwell** 5:00PM – 7PM	 **HAND MASSAGE** 5PM – 7:30PM **DRAMA** 5PM – 7:30PM	 **CREATIVE WRITING** 4:30pm-5:30pm **MUSIC JAM** 5PM – 7:30PM **YOGA** 5PM – 5:45PM **COMMUNITY DINNER** 6:00PM – 7PM	 **BOARD GAMES** 4:30PM –7:30PM **EXERCISE FOR LIFE** 5:30PM – 6:30 PM	 **ARTS & CRAFTS:** 5PM –7:30PM **DANCE TO THE BEAT** **Song Requests** 5PM –7:30PM

KX Community Services Centre
Mon-Sat 9am-5pm
Sun 10am-4:30pm

Twilight
Mon – Fri 5pm – 7:45pm

Op Shop
Mon – Fri 9am-4pm
Sat 10am – 2pm

The Wayside Café
Mon - Fri 9am-7.30pm
Sat 9am – 4:30pm
Sun 12pm – 4:30pm

Youth Space
Mon 9am – 2pm
Tues 9am-12:30pm,2pm-4:30pm
Wed 9am – 4:30pm
Thur 9am -12:30,2pm-4pm
Fri,Sat 9am – 4:30pm

Aboriginal Project
Mon 9:30am-2:30pm
Tue-Thur 10am-3pm
Fri 12pm-3pm

Pathways Project
Mon-Wed 9am-5pm

Bondi Community Services Centre
Mon-Wed, Fri 8am-4pm
Thur 8am-2pm

SELF HELP GROUPS

SLAA *Tues 10.30am - 12.30pm*
AA *Tues 7pm - 8.30pm*
NA Women *Wed 5.45pm - 7pm*
SMART Recovery *Thur 2pm-3:30pm*
Be Smoke Free *Tue 11am-12pm*

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